

## Sick Day Guidelines, When Student Should Stay Home

In order to protect the health of all students, certain communicable diseases or illnesses require exclusion and notification to the school nurse:

1. **Streptococcal/Staphylococcal (Scarlet fever, MRSA, Impetigo, Strep Throat):** Exclusion until 24 hour of appropriate antibiotic therapy has been given and fever free off of fever reducing medication for 24 hours.
2. **Ringworm (Tinea):** Exclusion until treatment instituted; lesion(s) should be covered.
3. **Chicken Pox (Varicella):** Exclusion until all vesicles are crusted and/or are able to be covered, or upon MD approval. The parent/guardian must bring the student to the health room for return to school clearance.
4. **Rubella:** Exclude for 5 days.
5. **German Measles:** Exclude for 4 days, may the return to school after free of fever, off of fever reducing medication for 24 hours.
6. **Hand, Foot and Mouth:** Exclude until fever free and off of fever reducing medication for 24 hours and blisters have dried up.
7. **Measles:** May return five days after appearance of rash. Must be free of fever, off of fever reducing medication for 24 hours.
8. **Mumps:** Exclude for 9 days; must be free of fever, off of fever reducing medication for 24 hours.
9. **Fifth Disease:** No exclusion is necessary if there is no fever, but school nurse must be notified.
10. **Pink eye – (conjunctivitis):** Exclude until evaluated or treated by a doctor.
11. **Scabies:** Exclude until under treatment with prescribed medication. A physician must prescribe treatment and provide a note to return to school.
12. **Fever of 100 degrees or vomiting or diarrhea:** The student must remain home until they are fever, diarrhea, or vomiting free off medication for 24 hours.

**All absences must be reported to your child's school. Rockville High School and Vernon Center Middle School parents/guardians should contact the attendance office. Elementary School parents/guardians should contact their school nurse. If you are not sure if your child should stay home please contact your school nurse.**