

May 2019



Rockville High School Breakfast Menu

Breakfast Price \$1.95 per day

happiness  **guaranteed**



Hot Chocolate Milk will be served in the RHS Cafeteria at breakfast in May.

Monday	Tuesday	Wednesday	Thursday	Friday
6	7	8	9	10
Main Entrées: Mini Pancakes Bagel & Cream Cheese Fresh Fruit Smoothies	 Main Entrées: Egg & Cheese on Croissant French Toast Sticks & Pancakes Bagel & Cream Cheese Fresh Fruit Smoothies	Main Entrées: Raspberry Cream Cheese Bar Bagel & Cream Cheese Fresh Fruit Smoothies	Main Entrées: Mini Cinnis Bagel & Cream Cheese Fresh Fruit Smoothies	Main Entrées: French Toast Sticks Bagel & Cream Cheese Fresh Fruit Smoothies
13	14	15	16	17
Main Entrées: Mini Pancakes Bagel & Cream Cheese Fresh Fruit Smoothies	Main Entrées: Breakfast Sandwich French Toast Sticks & Pancakes Bagel & Cream Cheese Fresh Fruit Smoothies	Main Entrées: Breakfast Pizza Bagel & Cream Cheese Fresh Fruit Smoothies	Main Entrées: Mini Cinnis Bagel & Cream Cheese Fresh Fruit Smoothies	Main Entrées: French Toast Sticks Bagel & Cream Cheese Fresh Fruit Smoothies
20	21	22	23	24
Main Entrées: Mini Pancakes Bagel & Cream Cheese Fresh Fruit Smoothies	Main Entrées: Breakfast Sandwich French Toast Sticks & Pancakes Bagel & Cream Cheese Fresh Fruit Smoothies	Main Entrées: Breakfast Burrito Bagel & Cream Cheese Fresh Fruit Smoothies	Main Entrées: Mini Cinnis Bagel & Cream Cheese Fresh Fruit Smoothies	Main Entrées: French Toast Sticks Bagel & Cream Cheese Fresh Fruit Smoothies
27	28	29	30	31
No School	Main Entrées: Breakfast Sandwich French Toast Sticks & Pancakes Bagel & Cream Cheese Fresh Fruit Smoothies	Main Entrées: Raspberry Cream Cheese Bar Bagel & Cream Cheese Fresh Fruit Smoothies	Main Entrées: Mini Cinnis Bagel & Cream Cheese Fresh Fruit Smoothies	 Main Entrées: DONUT DAY! Bagel & Cream Cheese Fresh Fruit Smoothies

Breakfast Includes:
 One main entree and 1-2 sides*
 OR
 No main entree and 3-4 sides*
 *One side must be a fruit

Breakfast Sides
available daily
 Whole Grain Muffin
 Reduced-Sugar Cereal
 Graham Crackers
 Fat-Free Yogurt
 100% Fruit Juice
 Assorted Fruit Options
 Fat Free or 1% Milk



Menu subject to change without notice



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 Food & Nutrition Services
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I  SCHOOL BREAKFAST

This institution is an equal opportunity provider.