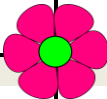


Breakfast is **free** for all students!
happiness 😊 **guaranteed**

May 2019
Northeast School Breakfast Menu

GRAB & GO BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
6 Breakfast Break Cereal Kit 100% Fruit Juice 1% or Skim Milk Choices	7 Whole Grain Bagel & Cream Cheese Fresh Fruit 1% or Skim Milk Choices	8 Breakfast Break Cereal Kit 100% Fruit Juice 1% or Skim Milk Choices	9 Upstate Farm Yogurt Whole Grain Muffin Fresh Fruit 1% or Skim Milk Choices	10 Mini Pancakes Fresh Fruit 1% or Skim Milk Choices
13 Breakfast Break Cereal Kit 100% Fruit Juice 1% or Skim Milk Choices	14 Whole Grain Bagel & Cream Cheese Fresh Fruit 1% or Skim Milk Choices	15 Breakfast Break Cereal Kit 100% Fruit Juice 1% or Skim Milk Choices	16 Upstate Farm Yogurt Whole Grain Muffin Fresh Fruit 1% or Skim Milk Choices	17 French Toast Sticks Fresh Fruit 1% or Skim Milk Choices
20 Breakfast Break Cereal Kit 100% Fruit Juice 1% or Skim Milk Choices	21 Whole Grain Bagel & Cream Cheese Fresh Fruit 1% or Skim Milk Choices	22 Breakfast Break Cereal Kit 100% Fruit Juice 1% or Skim Milk Choices	23 Upstate Farm Yogurt Whole Grain Muffin Fresh Fruit	24 Mini Cinnis Fresh Fruit 1% or Skim Milk Choices
27 No School	28 Whole Grain Bagel & Cream Cheese Fresh Fruit 1% or Skim Milk Choices	29 Breakfast Break Cereal Kit 100% Fruit Juice 1% or Skim Milk Choices	30 Upstate Farm Yogurt Whole Grain Muffin Fresh Fruit 1% or Skim Milk Choices	31 Assorted Hot Breakfast Fresh Fruit 1% or Skim Milk Choices



This institution is an equal opportunity provider.
 Menu subject to change without notice



get out and play !!
SCHOOL BREAKFAST

Breakfast is free for all students!

Vernon Public Schools
 Food & Nutrition Services
 Elizabeth Fisher, MS, RD
 efisher@vernon-ct.gov
 860-896-4682