

February 2019





Rockville High School Breakfast Menu

Breakfast Price \$1.95 per day

happiness 😊 **guaranteed**




Hot Chocolate Milk will be served in the RHS Cafeteria starting on February 19th.

Monday	Tuesday	Wednesday	Thursday	Friday
4 Main Entrées: Mini Pancakes Bagel & Cream Cheese Fresh Fruit Smoothies	5 Main Entrées: Breakfast Sandwich Bagel & Cream Cheese Fresh Fruit Smoothies	6 Main Entrées: Banana Bread Bagel & Cream Cheese Fresh Fruit Smoothies	7 Main Entrées: Mini Cinnis Bagel & Cream Cheese Fresh Fruit Smoothies	8 Main Entrées: French Toast Sticks Bagel & Cream Cheese Fresh Fruit Smoothies
11 Main Entrées: Mini Pancakes Bagel & Cream Cheese Fresh Fruit Smoothies	12 Main Entrées: Breakfast Sandwich Bagel & Cream Cheese Fresh Fruit Smoothies	13 Main Entrées: Banana Bread Bagel & Cream Cheese Fresh Fruit Smoothies	14 Main Entrées: Mini Cinnis Bagel & Cream Cheese Fresh Fruit Smoothies	15 No School
18  	19 HOT CHOCOLATE MILK KICKOFF Main Entrées: Breakfast Sandwich Bagel & Cream Cheese Fresh Fruit Smoothies	20 Main Entrées: Banana Bread Bagel & Cream Cheese Fresh Fruit Smoothies	21 Main Entrées: Mini Cinnis Bagel & Cream Cheese Fresh Fruit Smoothies	22  Main Entrées: DONUT DAY! Bagel & Cream Cheese Fresh Fruit Smoothies 
25 Main Entrées: Mini Pancakes Bagel & Cream Cheese Fresh Fruit Smoothies	26 Main Entrées: Breakfast Sandwich Bagel & Cream Cheese Fresh Fruit Smoothies	27 Main Entrées: Banana Bread Bagel & Cream Cheese Fresh Fruit Smoothies	28 Main Entrées: Mini Cinnis Bagel & Cream Cheese Fresh Fruit Smoothies	1 Main Entrées: French Toast Sticks Bagel & Cream Cheese Fresh Fruit Smoothies

Menu subject to change without notice

Breakfast Includes:
One main entree and 1-2 sides*
OR
No main entree and 3-4 sides*
***One side must be a fruit**



Breakfast Sides
available daily
Whole Grain Muffin
Reduced-Sugar Cereal
Graham Crackers
Fat-Free Yogurt
100% Fruit Juice
Assorted Fruit Options
Fat Free or 1% Milk



Real Milk. Real Chocolate. Real Good.

Hot Chocolate Milk
Coming to your school breakfast in February
Warm up at school breakfast with Hot Chocolate Milk! Included as part of breakfast or for sale on it's own for \$1.25. Join us at the kick off event on Tuesday February 19th! There will be a photo booth!

Vernon Public Schools Food & Nutrition Services
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I 🍌 SCHOOL BREAKFAST

This institution is an equal opportunity provider.