

happiness 😊 **guaranteed**

February 2019
LSS/CRS/MSS School Breakfast Menu

Breakfast Price \$1.50 per day

Monday	Tuesday	Wednesday	Thursday	Friday
4 Main Entrées: Mini Pancakes Bagel & Cream Cheese	5 Main Entrées: Mini Waffles Bagel & Cream Cheese	6 Main Entrées: Banana Bread Bagel & Cream Cheese	7 Main Entrées: Mini Cinnis Bagel & Cream Cheese	8 Main Entrées: French Toast Sticks Bagel & Cream Cheese
11 Main Entrées: Mini Pancakes Bagel & Cream Cheese	12 Main Entrées: Mini Waffles Bagel & Cream Cheese	13 Main Entrées: Banana Bread Bagel & Cream Cheese	14 Main Entrées: Mini Cinnis Bagel & Cream Cheese	15 No School
18 No School	19 Main Entrées: Mini Waffles Bagel & Cream Cheese	20 Main Entrées: Banana Bread Bagel & Cream Cheese	21 Main Entrées: Mini Cinnis Bagel & Cream Cheese	22 Main Entrées: French Toast Sticks Bagel & Cream Cheese
25 Main Entrées: Mini Pancakes Bagel & Cream Cheese	26 Main Entrées: Mini Waffles Bagel & Cream Cheese	27 Main Entrées: Banana Bread Bagel & Cream Cheese	28 Main Entrées: Mini Cinnis Bagel & Cream Cheese	1 Main Entrées: French Toast Sticks Bagel & Cream Cheese



Fruit available every morning!

Breakfast Includes:
 One main entree and 1-2 sides*
 OR
 No main entree and 3-4 sides*
 *One side must be a fruit



Breakfast Sides
available daily
 Whole Grain Muffin
 Reduced-Sugar Cereal
 Graham Crackers
 Fat-Free Yogurt
 100% Fruit Juice
 Assorted Fruit Options

Menu subject to change without notice
 The Dietary Guidelines for Americans recommend that boys and girls ages 8-13 eat at least 1.5 cups of fruit each day. **At school, children are allowed to select two fruits at breakfast and 1 fruit at lunch to make up 1.5 cups of fruit.**

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This institution is an equal opportunity provider.