

Breakfast is **free** for all students!  
**happiness** 😊 **guaranteed**

February 2019

Skinner Road School Breakfast Menu

**GRAB & GO BREAKFAST**

Monday	Tuesday	Wednesday	Thursday	Friday
<p>4</p> <p>Your Choice of Breakfast Combo:  <b>Bagel &amp; Cream Cheese</b> or  <b>Yogurt &amp; Graham Cracker</b> or  <b>Cereal &amp; Graham Cracker</b> or  <b>Muffin &amp; Graham Cracker</b>  <i>Includes Fresh Fruit</i>  <i>Skim or 1% Milk Choice</i></p>	<p>5</p> <p>Your Choice of Breakfast Combo:  <b>Bagel &amp; Cream Cheese</b> or  <b>Yogurt &amp; Graham Cracker</b> or  <b>Cereal Jumpstart Kit</b> or  <b>Muffin &amp; Graham Cracker</b>  <i>Includes 100% Fruit Juice</i>  <i>Skim or 1% Milk Choice</i></p>	<p>6</p> <p>Your Choice of Breakfast Combo:  <b>Bagel &amp; Cream Cheese</b> or  <b>Yogurt &amp; Graham Cracker</b> or  <b>Cereal &amp; Graham Cracker</b> or  <b>Muffin &amp; Graham Cracker</b>  <i>Includes Fresh Fruit</i>  <i>Skim or 1% Milk Choice</i></p>	<p>7</p> <p>Your Choice of Breakfast Combo:  <b>Bagel &amp; Cream Cheese</b> or  <b>Yogurt &amp; Graham Cracker</b> or  <b>Cereal Jumpstart Kit</b> or  <b>Muffin &amp; Graham Cracker</b>  <i>Includes 100% Fruit Juice</i>  <i>Skim or 1% Milk Choice</i></p>	<p>8</p> <p><b>Mini Pancakes</b>  Cereal  Fresh Fruit  1% or Skim Milk Choices</p>
<p>11</p> <p>Your Choice of Breakfast Combo:  <b>Bagel &amp; Cream Cheese</b> or  <b>Yogurt &amp; Graham Cracker</b> or  <b>Cereal &amp; Graham Cracker</b> or  <b>Muffin &amp; Graham Cracker</b>  <i>Includes Fresh Fruit</i>  <i>Skim or 1% Milk Choice</i></p>	<p>12</p> <p>Your Choice of Breakfast Combo:  <b>Bagel &amp; Cream Cheese</b> or  <b>Yogurt &amp; Graham Cracker</b> or  <b>Cereal Jumpstart Kit</b> or  <b>Muffin &amp; Graham Cracker</b>  <i>Includes 100% Fruit Juice</i>  <i>Skim or 1% Milk Choice</i></p>	<p>13</p> <p>Your Choice of Breakfast Combo:  <b>Bagel &amp; Cream Cheese</b> or  <b>Yogurt &amp; Graham Cracker</b> or  <b>Cereal &amp; Graham Cracker</b> or  <b>Muffin &amp; Graham Cracker</b>  <i>Includes Fresh Fruit</i>  <i>Skim or 1% Milk Choice</i></p>	<p>14</p> <p>Your Choice of Breakfast Combo:  <b>Bagel &amp; Cream Cheese</b> or  <b>Yogurt &amp; Graham Cracker</b> or  <b>Cereal Jumpstart Kit</b> or  <b>Muffin &amp; Graham Cracker</b>  <i>Includes 100% Fruit Juice</i>  <i>Skim or 1% Milk Choice</i></p>	<p>15</p> <p>No School</p>
<p>18</p> <p>No School</p>	<p>19</p> <p>Your Choice of Breakfast Combo:  <b>Bagel &amp; Cream Cheese</b> or  <b>Yogurt &amp; Graham Cracker</b> or  <b>Cereal Jumpstart Kit</b> or  <b>Muffin &amp; Graham Cracker</b>  <i>Includes 100% Fruit Juice</i>  <i>Skim or 1% Milk Choice</i></p>	<p>20</p> <p>Your Choice of Breakfast Combo:  <b>Bagel &amp; Cream Cheese</b> or  <b>Yogurt &amp; Graham Cracker</b> or  <b>Cereal &amp; Graham Cracker</b> or  <b>Muffin &amp; Graham Cracker</b>  <i>Includes Fresh Fruit</i>  <i>Skim or 1% Milk Choice</i></p>	<p>21</p> <p>Your Choice of Breakfast Combo:  <b>Bagel &amp; Cream Cheese</b> or  <b>Yogurt &amp; Graham Cracker</b> or  <b>Cereal Jumpstart Kit</b> or  <b>Muffin &amp; Graham Cracker</b>  <i>Includes 100% Fruit Juice</i>  <i>Skim or 1% Milk Choice</i></p>	<p>22</p> <p><b>Mini Cinnis</b>  Cereal  Fresh Fruit  1% or Skim Milk Choices</p>
<p>25</p> <p>Your Choice of Breakfast Combo:  <b>Bagel &amp; Cream Cheese</b> or  <b>Yogurt &amp; Graham Cracker</b> or  <b>Cereal &amp; Graham Cracker</b> or  <b>Muffin &amp; Graham Cracker</b>  <i>Includes Fresh Fruit</i>  <i>Skim or 1% Milk Choice</i></p>	<p>26</p> <p>Your Choice of Breakfast Combo:  <b>Bagel &amp; Cream Cheese</b> or  <b>Yogurt &amp; Graham Cracker</b> or  <b>Cereal Jumpstart Kit</b> or  <b>Muffin &amp; Graham Cracker</b>  <i>Includes 100% Fruit Juice</i>  <i>Skim or 1% Milk Choice</i></p>	<p>27</p> <p>Your Choice of Breakfast Combo:  <b>Bagel &amp; Cream Cheese</b> or  <b>Yogurt &amp; Graham Cracker</b> or  <b>Cereal &amp; Graham Cracker</b> or  <b>Muffin &amp; Graham Cracker</b>  <i>Includes Fresh Fruit</i>  <i>Skim or 1% Milk Choice</i></p>	<p>28</p> <p>Your Choice of Breakfast Combo:  <b>Bagel &amp; Cream Cheese</b> or  <b>Yogurt &amp; Graham Cracker</b> or  <b>Cereal Jumpstart Kit</b> or  <b>Muffin &amp; Graham Cracker</b>  <i>Includes 100% Fruit Juice</i>  <i>Skim or 1% Milk Choice</i></p>	<p>1</p> <p><b>Mini Pancakes</b>  Cereal  Fresh Fruit  1% or Skim Milk Choices</p>



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\*Menu subject to change without notice\*  
This institution is an equal opportunity provider.



The Dietary Guidelines for Americans recommend that boys and girls ages 8-13 eat at least 1.5 cups of fruit each day. At school, children are allowed to select two fruits at breakfast and 1 fruit at lunch to make up 1.5 cups of fruit.

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