



December 2018

happiness 😊 **guaranteed**

Rockville High School Breakfast Menu

Breakfast Price \$1.95 per day

Monday	Tuesday	Wednesday	Thursday	Friday
3 Main Entrées: Mini Pancakes Bagel & Cream Cheese Fresh Fruit Smoothies	4 Main Entrées: Breakfast Sandwich Bagel & Cream Cheese Fresh Fruit Smoothies	5 Main Entrées: Banana Bread Bagel & Cream Cheese Fresh Fruit Smoothies	6 Main Entrées: Mini Cinnis Bagel & Cream Cheese Fresh Fruit Smoothies	7 Main Entrées: French Toast Sticks Bagel & Cream Cheese Fresh Fruit Smoothies
10 Main Entrées: Mini Pancakes Bagel & Cream Cheese Fresh Fruit Smoothies	11 Main Entrées: Breakfast Sandwich Bagel & Cream Cheese Fresh Fruit Smoothies	12 Main Entrées: Banana Bread Bagel & Cream Cheese Fresh Fruit Smoothies	13 Main Entrées: Mini Cinnis Bagel & Cream Cheese Fresh Fruit Smoothies	14 Main Entrées: French Toast Sticks Bagel & Cream Cheese Fresh Fruit Smoothies
17 Main Entrées: Mini Pancakes Bagel & Cream Cheese Fresh Fruit Smoothies	18 Main Entrées: Breakfast Sandwich Bagel & Cream Cheese Fresh Fruit Smoothies	19 Main Entrées: Banana Bread Bagel & Cream Cheese Fresh Fruit Smoothies	20 Main Entrées: Mini Cinnis Bagel & Cream Cheese Fresh Fruit Smoothies	 <p>Donut Day!</p>
24 Happy Holidays!	25 No school Winter Break	26 No school Winter Break	27 No school Winter Break	
				



Menu subject to change without notice

Breakfast Includes:
One main entree and 1-2 sides*
OR
No main entree and 3-4 sides*
*One side must be a fruit



Breakfast Sides
available daily
Whole Grain Muffin
Reduced-Sugar Cereal
Graham Crackers
Fat-Free Yogurt
100% Fruit Juice
Assorted Fruit Options
Fat Free or 1% Milk



Vernon Public Schools
Food & Nutrition Services
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This institution is an equal opportunity provider.