


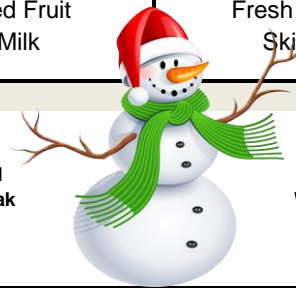
December 2018

happiness 😊 **guaranteed**

LSS/CRS Pre-K Breakfast Menu

Breakfast Price \$1.50 per day

Monday	Tuesday	Wednesday	Thursday	Friday
3 Assorted Cereal Fresh or Cupped Fruit Skim or 1% Milk	4 Bagel & Cream Cheese Fresh or Cupped Fruit Skim or 1% Milk	5 Whole Grain Muffin Fresh or Cupped Fruit Skim or 1% Milk	6 Yogurt & Graham Crackers Fresh or Cupped Fruit Skim or 1% Milk	7 Assorted Hot Breakfast! Fresh or Cupped Fruit Skim or 1% Milk
10 Assorted Cereal Fresh or Cupped Fruit Skim or 1% Milk	11 Bagel & Cream Cheese Fresh or Cupped Fruit Skim or 1% Milk	12 Whole Grain Muffin Fresh or Cupped Fruit Skim or 1% Milk	13 Yogurt & Graham Crackers Fresh or Cupped Fruit Skim or 1% Milk	14 Assorted Hot Breakfast! Fresh or Cupped Fruit Skim or 1% Milk
17 Assorted Cereal Fresh or Cupped Fruit Skim or 1% Milk	18 Bagel & Cream Cheese Fresh or Cupped Fruit Skim or 1% Milk	19 Whole Grain Muffin Fresh or Cupped Fruit Skim or 1% Milk	20 Yogurt & Graham Crackers Fresh or Cupped Fruit Skim or 1% Milk	21 Assorted Hot Breakfast! Fresh or Cupped Fruit Skim or 1% Milk
24 Happy Holidays!	25 No school Winter Break	26 No school Winter Break	27 No school Winter Break	28 



Menu subject to change without notice



Set the Example
If children see their adult role models eating fruits and vegetables, they will too!




Meet Mary Dairy!
Mary builds strong bones and muscles by drinking low-fat milk and eating low-fat dairy products like cheese and yogurt. Your cafeteria offers at least three servings of low-fat dairy each day!

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This institution is an equal opportunity provider.

I  **SCHOOL BREAKFAST**