


December 2018

happiness 😊 **guaranteed**

LSS/CRS/MSS School Breakfast Menu

Breakfast Price \$1.50 per day

Monday	Tuesday	Wednesday	Thursday	Friday
3 Main Entrées: Mini Pancakes Bagel & Cream Cheese	4 Main Entrées: Mini Waffles Bagel & Cream Cheese	5 Main Entrées: Banana Bread Bagel & Cream Cheese	6 Main Entrées: Mini Cinnis Bagel & Cream Cheese	7 Main Entrées: French Toast Sticks Bagel & Cream Cheese
10 Main Entrées: Mini Pancakes Bagel & Cream Cheese	11 Main Entrées: Mini Waffles Bagel & Cream Cheese	12 Main Entrées: Banana Bread Bagel & Cream Cheese	13 Main Entrées: Mini Cinnis Bagel & Cream Cheese	14 Main Entrées: French Toast Sticks Bagel & Cream Cheese
17 Main Entrées: Mini Pancakes Bagel & Cream Cheese	18 Main Entrées: Mini Waffles Bagel & Cream Cheese	19 Main Entrées: Banana Bread Bagel & Cream Cheese	20 Main Entrées: Mini Cinnis Bagel & Cream Cheese	21 Main Entrées: French Toast Sticks Bagel & Cream Cheese
24 Happy Holidays!	25 No school Winter Break	26 No school Winter Break	27 No school Winter Break	28 



Menu subject to change without notice

Breakfast Includes:
One main entree and 1-2 sides*
OR
No main entree and 3-4 sides*
*One side must be a fruit



Breakfast Sides
available daily
Whole Grain Muffin
Reduced-Sugar Cereal
Graham Crackers
Fat-Free Yogurt
100% Fruit Juice
Assorted Fruit Options
Fat Free or 1% Milk



Meet Mary Dairy!
Mary builds strong bones and muscles by drinking low-fat milk and eating low-fat dairy products like cheese and yogurt. Your cafeteria offers at least three servings of low-fat dairy each day!

Vernon Public Schools Food & Nutrition Services
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This institution is an equal opportunity provider.