


Breakfast is **free** for all students!
happiness 😊 **guaranteed**

December 2018
Skinner Road School Breakfast Menu

GRAB & GO BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>Your Choice of Breakfast Combo: Bagel & Cream Cheese or Yogurt & Graham Cracker or Cereal & Graham Cracker or Muffin & Graham Cracker <i>Includes Fresh Fruit</i> <i>Skim or 1% Milk Choice</i></p>	<p>4</p> <p>Your Choice of Breakfast Combo: Bagel & Cream Cheese or Yogurt & Graham Cracker or Cereal Jumpstart Kit or Muffin & Graham Cracker <i>Includes 100% Fruit Juice</i> <i>Skim or 1% Milk Choice</i></p>	<p>5</p> <p>Your Choice of Breakfast Combo: Bagel & Cream Cheese or Yogurt & Graham Cracker or Cereal & Graham Cracker or Muffin & Graham Cracker <i>Includes Fresh Fruit</i> <i>Skim or 1% Milk Choice</i></p>	<p>6</p> <p>Your Choice of Breakfast Combo: Bagel & Cream Cheese or Yogurt & Graham Cracker or Cereal Jumpstart Kit or Muffin & Graham Cracker <i>Includes 100% Fruit Juice</i> <i>Skim or 1% Milk Choice</i></p>	<p>7</p> <p>French Toast Sticks Cereal Fresh Fruit 1% or Skim Milk Choices</p>
<p>10</p> <p>Your Choice of Breakfast Combo: Bagel & Cream Cheese or Yogurt & Graham Cracker or Cereal & Graham Cracker or Muffin & Graham Cracker <i>Includes Fresh Fruit</i> <i>Skim or 1% Milk Choice</i></p>	<p>11</p> <p>Your Choice of Breakfast Combo: Bagel & Cream Cheese or Yogurt & Graham Cracker or Cereal Jumpstart Kit or Muffin & Graham Cracker <i>Includes 100% Fruit Juice</i> <i>Skim or 1% Milk Choice</i></p>	<p>12</p> <p>Your Choice of Breakfast Combo: Bagel & Cream Cheese or Yogurt & Graham Cracker or Cereal & Graham Cracker or Muffin & Graham Cracker <i>Includes Fresh Fruit</i> <i>Skim or 1% Milk Choice</i></p>	<p>13</p> <p>Your Choice of Breakfast Combo: Bagel & Cream Cheese or Yogurt & Graham Cracker or Cereal Jumpstart Kit or Muffin & Graham Cracker <i>Includes 100% Fruit Juice</i> <i>Skim or 1% Milk Choice</i></p>	<p>14</p> <p>Egg & Cheese Sandwich Cereal Fresh Fruit 1% or Skim Milk Choices</p>
<p>17</p> <p>Your Choice of Breakfast Combo: Bagel & Cream Cheese or Yogurt & Graham Cracker or Cereal & Graham Cracker or Muffin & Graham Cracker <i>Includes Fresh Fruit</i> <i>Skim or 1% Milk Choice</i></p>	<p>18</p> <p>Your Choice of Breakfast Combo: Bagel & Cream Cheese or Yogurt & Graham Cracker or Cereal Jumpstart Kit or Muffin & Graham Cracker <i>Includes 100% Fruit Juice</i> <i>Skim or 1% Milk Choice</i></p>	<p>19</p> <p>Your Choice of Breakfast Combo: Bagel & Cream Cheese or Yogurt & Graham Cracker or Cereal & Graham Cracker or Muffin & Graham Cracker <i>Includes Fresh Fruit</i> <i>Skim or 1% Milk Choice</i></p>	<p>20</p> <p>Your Choice of Breakfast Combo: Bagel & Cream Cheese or Yogurt & Graham Cracker or Cereal Jumpstart Kit or Muffin & Graham Cracker <i>Includes 100% Fruit Juice</i> <i>Skim or 1% Milk Choice</i></p>	<p>21</p> <p>Mini Pancakes Cereal Fresh Fruit 1% or Skim Milk Choices</p>
<p>24</p> <p>Happy Holidays!</p>	<p>25</p> <p>No school Winter Break</p>	<p>26</p> <p>No school Winter Break</p>	<p>27</p> <p>No school Winter Break</p>	<p>28</p> 

Menu subject to change without notice

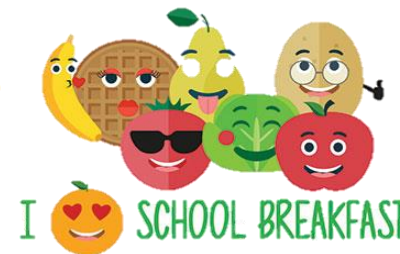


mySchoolbucks is now available for online payments for your students lunch account. Log onto <https://www.myschoolbucks.com> to set up an account today!

This institution is an equal opportunity provider.

Breakfast is available at Skinner Road School every day in the cafeteria from 8:30 - 8:45am. Grab some with your friends!

Breakfast is free for all students!



Vernon Public Schools
Food & Nutrition Services
Elizabeth Fisher, MS, RD
efisher@vernon-ct.gov
860-896-4682