

happiness 😊 **guaranteed**

April 2019

LSS/CRS/MSS School Breakfast Menu

Breakfast Price \$1.50 per day

Monday	Tuesday	Wednesday	Thursday	Friday
1 Main Entrées: Mini Pancakes Bagel & Cream Cheese	2 Main Entrées: Mini Waffles Bagel & Cream Cheese	3 Main Entrées: Banana Bread Bagel & Cream Cheese	4 Main Entrées: Mini Cinnis Bagel & Cream Cheese	5 Main Entrées: French Toast Sticks Bagel & Cream Cheese
8 Main Entrées: Mini Pancakes Bagel & Cream Cheese	9 Main Entrées: Mini Waffles Bagel & Cream Cheese	10 Main Entrées: Banana Bread Bagel & Cream Cheese	11 Main Entrées: Mini Cinnis Bagel & Cream Cheese	12 Main Entrées: French Toast Sticks Bagel & Cream Cheese
15 No School	16 No School	17 No School	18 No School	19 No School
22 Main Entrées: Mini Pancakes Bagel & Cream Cheese	23 Main Entrées: Mini Waffles Bagel & Cream Cheese	24 Main Entrées: Banana Bread Bagel & Cream Cheese	25 Main Entrées: Mini Cinnis Bagel & Cream Cheese	26 Main Entrées: French Toast Sticks Bagel & Cream Cheese
29 Main Entrées: Mini Pancakes Bagel & Cream Cheese	30 Main Entrées: Mini Waffles Bagel & Cream Cheese	1 Main Entrées: Banana Bread Bagel & Cream Cheese	2 Main Entrées: Mini Cinnis Bagel & Cream Cheese	3 Main Entrées: French Toast Sticks Bagel & Cream Cheese



Breakfast Includes:
One main entree and 1-2 sides*
OR
No main entree and 3-4 sides*
***One side must be a fruit**

Breakfast Sides
available daily
Whole Grain Muffin
Reduced-Sugar Cereal
Graham Crackers
Fat-Free Yogurt
100% Fruit Juice
Assorted Fruit Options
Fat Free or 1% Milk



Fruit available every morning!



Vernon Public Schools
Food & Nutrition Services
Elizabeth Fisher, MS, RD
efisher@vernon-ct.gov
860-896-4682

