

\$2.65 per day

April 2019

Vernon Public Schools Lunch Menu - Elementary School

happiness  guaranteed

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>1. Chicken & Cheese Quesadilla w Salsa 2. Egg & Cheese Sandwich 3. Yogurt Pretzel Meal Potato Wedges Rainbow Fresh Veggie Tray Fruit Cup or Fresh Fruit 1% or Skim Milk Choices</p>	<p>2</p> <p>1. Build-Your-Own Nacho Taco Tuesday! 2. WOWbutter & Jelly with String Cheese 3. Yogurt Pretzel Meal Black Beans Rainbow Fresh Veggie Tray Fruit Cup or Fresh Fruit 1% or Skim Milk Choices</p>	<p>3</p> <p>1. Macaroni & Cheese with Garlic Bread 2. Grilled Cheese Sandwich 3. Yogurt Pretzel Meal Cucumber Moons Rainbow Fresh Veggie Tray Fruit Cup or Fresh Fruit 1% or Skim Milk Choices</p>	<p>4</p> <p>1. Hot Dog on Whole Grain Bun 2. Tuna Salad Sandwich 3. Yogurt Pretzel Meal Steamed Carrot Coins Rainbow Fresh Veggie Tray Fruit Cup or Fresh Fruit 1% or Skim Milk Choices</p>	<p>5</p> <p>1. Cheese Pizza 2. WOWbutter & Jelly with String Cheese 3. Yogurt Pretzel Meal Romaine Side Salad Rainbow Fresh Veggie Tray Fruit Cup or Fresh Fruit 1% or Skim Milk Choices</p>
<p>8</p> <p>1. Crispy Chicken Sandwich 2. Egg & Cheese Sandwich 3. Yogurt Pretzel Meal Potato Wedges Rainbow Fresh Veggie Tray Fruit Cup or Fresh Fruit 1% or Skim Milk Choices</p>	<p>9</p> <p>1. Pasta with Meat Sauce & Roll 2. WOWbutter & Jelly with String Cheese 3. Yogurt Pretzel Meal Green Beans Rainbow Fresh Veggie Tray Fruit Cup or Fresh Fruit 1% or Skim Milk Choices</p>	<p>10</p> <p>1. Chicken Nuggets & Dinner Roll 2. Grilled Cheese Sandwich 3. Yogurt Pretzel Meal Crinkle Cut Sweet Potato Fries Rainbow Fresh Veggie Tray Fruit Cup or Fresh Fruit 1% or Skim Milk Choices</p>	<p>11</p> <p>1. Turkey Dinner with Garlic Bread 2. Tuna Salad Sandwich 3. Yogurt Pretzel Meal Mashed Potatoes & Gravy Rainbow Fresh Veggie Tray Fruit Cup or Fresh Fruit 1% or Skim Milk Choices</p>	<p>12</p> <p>1. Cheese Pizza 2. WOWbutter & Jelly with String Cheese 3. Yogurt Pretzel Meal Steamed Broccoli Florets Rainbow Fresh Veggie Tray Fruit Cup or Fresh Fruit 1% or Skim Milk Choices</p>
<p>15</p> <p>No School</p>	<p>16</p> <p>No School</p>	<p>17</p> <p>No School</p>	<p>18</p> <p>No School</p>	<p>19</p> <p>No School</p>
				
<p>22</p> <p>1. Cheeseburger on Whole Grain Bun 2. Egg & Cheese Sandwich 3. Yogurt Pretzel Meal Crinkle Cut Sweet Potato Fries Rainbow Fresh Veggie Tray Fruit Cup or Fresh Fruit 1% or Skim Milk Choices</p>	<p>23</p> <p>1. Popcorn Chick w/ BBQ Dipper & Roll 2. WOWbutter & Jelly with String Cheese 3. Yogurt Pretzel Meal Green Beans Rainbow Fresh Veggie Tray Fruit Cup or Fresh Fruit 1% or Skim Milk Choices</p>	<p>24</p> <p>1. Crispy Chicken Sandwich on WG Bun 2. Grilled Cheese Sandwich 3. Yogurt Pretzel Meal Southwest Chickpea Salad Rainbow Fresh Veggie Tray Fruit Cup or Fresh Fruit 1% or Skim Milk Choices</p>	<p>25</p> <p>1. Beef Sloppy Joes 2. Turkey & Cheese Sandwich 3. Yogurt Pretzel Meal French Fries Rainbow Fresh Veggie Tray Fruit Cup or Fresh Fruit 1% or Skim Milk Choices</p>	<p>26</p> <p>1. Cheese Pizza 2. WOWbutter & Jelly with String Cheese 3. Yogurt Pretzel Meal Romaine Side Salad Rainbow Fresh Veggie Tray Fruit Cup or Fresh Fruit 1% or Skim Milk Choices</p>
<p>29</p> <p>1. Chicken & Cheese Quesadilla w Salsa 2. Egg & Cheese Sandwich 3. Yogurt Pretzel Meal Potato Wedges Rainbow Fresh Veggie Tray Fruit Cup or Fresh Fruit 1% or Skim Milk Choices</p>	<p>30</p> <p>1. Build-Your-Own Nacho Taco Tuesday! 2. WOWbutter & Jelly with String Cheese 3. Yogurt Pretzel Meal Black Beans Rainbow Fresh Veggie Tray Fruit Cup or Fresh Fruit 1% or Skim Milk Choices</p>	<p>1</p> <p>1. French Toast Sticks & Turkey Sausage 2. Grilled Cheese Sandwich 3. Yogurt Pretzel Meal Cucumber Moons Rainbow Fresh Veggie Tray Fruit Cup or Fresh Fruit 1% or Skim Milk Choices</p>	<p>2</p> <p>1. Hot Dog on Whole Grain Bun 2. Tuna Salad Sandwich 3. Yogurt Pretzel Meal Steamed Carrot Coins Rainbow Fresh Veggie Tray Fruit Cup or Fresh Fruit 1% or Skim Milk Choices</p>	<p>3</p> <p>1. Cheese Pizza 2. WOWbutter & Jelly with String Cheese 3. Yogurt Pretzel Meal Romaine Side Salad Rainbow Fresh Veggie Tray Fruit Cup or Fresh Fruit 1% or Skim Milk Choices</p>

Menu subject to change without notice
This institution is an equal opportunity provider.



get out and play !! 



Menu is Pork & Peanut Free



Meatless Options Available Daily



Skim & 1% Milk Available Daily



Fresh Fruit & Veggies Daily

Vernon Public Schools
Food & Nutrition Services
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