

Breakfast is **free** for all students!  
**happiness**  **guaranteed**

April 2019

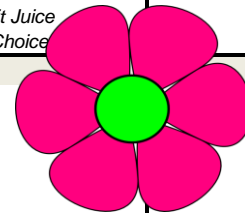
Skinner Road School Breakfast Menu

**GRAB & GO BREAKFAST**

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>Your Choice of Breakfast Combo:  <b>Bagel &amp; Cream Cheese</b> or  <b>Yogurt &amp; Graham Cracker</b> or  <b>Cereal &amp; Graham Cracker</b> or  <b>Muffin &amp; Graham Cracker</b>  <i>Includes Fresh Fruit                      Skim or 1% Milk Choice</i></p>	<p>2</p> <p>Your Choice of Breakfast Combo:  <b>Bagel &amp; Cream Cheese</b> or  <b>Yogurt &amp; Graham Cracker</b> or  <b>Breakfast Break Kit</b> or  <b>Muffin &amp; Graham Cracker</b>  <i>Includes 100% Fruit Juice                      Skim or 1% Milk Choice</i></p>	<p>3</p> <p>Your Choice of Breakfast Combo:  <b>Bagel &amp; Cream Cheese</b> or  <b>Yogurt &amp; Graham Cracker</b> or  <b>Cereal &amp; Graham Cracker</b> or  <b>Muffin &amp; Graham Cracker</b>  <i>Includes Fresh Fruit                      Skim or 1% Milk Choice</i></p>	<p>4</p> <p>Your Choice of Breakfast Combo:  <b>Bagel &amp; Cream Cheese</b> or  <b>Yogurt &amp; Graham Cracker</b> or  <b>Breakfast Break Kit</b> or  <b>Muffin &amp; Graham Cracker</b>  <i>Includes 100% Fruit Juice                      Skim or 1% Milk Choice</i></p>	<p>5</p> <p><b>Mini Pancakes</b>                      Cereal                      Fresh Fruit                      1% or Skim Milk Choices</p>
<p>8</p> <p>Your Choice of Breakfast Combo:  <b>Bagel &amp; Cream Cheese</b> or  <b>Yogurt &amp; Graham Cracker</b> or  <b>Cereal &amp; Graham Cracker</b> or  <b>Muffin &amp; Graham Cracker</b>  <i>Includes Fresh Fruit                      Skim or 1% Milk Choice</i></p>	<p>9</p> <p>Your Choice of Breakfast Combo:  <b>Bagel &amp; Cream Cheese</b> or  <b>Yogurt &amp; Graham Cracker</b> or  <b>Breakfast Break Kit</b> or  <b>Muffin &amp; Graham Cracker</b>  <i>Includes 100% Fruit Juice                      Skim or 1% Milk Choice</i></p>	<p>10</p> <p>Your Choice of Breakfast Combo:  <b>Bagel &amp; Cream Cheese</b> or  <b>Yogurt &amp; Graham Cracker</b> or  <b>Cereal &amp; Graham Cracker</b> or  <b>Muffin &amp; Graham Cracker</b>  <i>Includes Fresh Fruit                      Skim or 1% Milk Choice</i></p>	<p>11</p> <p>Your Choice of Breakfast Combo:  <b>Bagel &amp; Cream Cheese</b> or  <b>Yogurt &amp; Graham Cracker</b> or  <b>Breakfast Break Kit</b> or  <b>Muffin &amp; Graham Cracker</b>  <i>Includes 100% Fruit Juice                      Skim or 1% Milk Choice</i></p>	<p>12</p> <p><b>Mini Cinnis</b>                      Cereal                      Fresh Fruit                      1% or Skim Milk Choices</p>
<p>15</p> <p>No School</p>	<p>16</p> <p>No School</p>	<p>17</p> <p>No School</p> <p>get out and play!! </p>		<p>18</p> <p>No School</p>
<p>22</p> <p>Your Choice of Breakfast Combo:  <b>Bagel &amp; Cream Cheese</b> or  <b>Yogurt &amp; Graham Cracker</b> or  <b>Cereal &amp; Graham Cracker</b> or  <b>Muffin &amp; Graham Cracker</b>  <i>Includes Fresh Fruit                      Skim or 1% Milk Choice</i></p>	<p>23</p> <p>Your Choice of Breakfast Combo:  <b>Bagel &amp; Cream Cheese</b> or  <b>Yogurt &amp; Graham Cracker</b> or  <b>Breakfast Break Kit</b> or  <b>Muffin &amp; Graham Cracker</b>  <i>Includes 100% Fruit Juice                      Skim or 1% Milk Choice</i></p>	<p>24</p> <p>Your Choice of Breakfast Combo:  <b>Bagel &amp; Cream Cheese</b> or  <b>Yogurt &amp; Graham Cracker</b> or  <b>Cereal &amp; Graham Cracker</b> or  <b>Muffin &amp; Graham Cracker</b>  <i>Includes Fresh Fruit                      Skim or 1% Milk Choice</i></p>	<p>25</p> <p>Your Choice of Breakfast Combo:  <b>Bagel &amp; Cream Cheese</b> or  <b>Yogurt &amp; Graham Cracker</b> or  <b>Breakfast Break Kit</b> or  <b>Muffin &amp; Graham Cracker</b>  <i>Includes 100% Fruit Juice                      Skim or 1% Milk Choice</i></p>	<p>26</p> <p><b>Mini Pancakes</b>                      Cereal                      Fresh Fruit                      1% or Skim Milk Choices</p>
<p>29</p> <p>Your Choice of Breakfast Combo:  <b>Bagel &amp; Cream Cheese</b> or  <b>Yogurt &amp; Graham Cracker</b> or  <b>Cereal &amp; Graham Cracker</b> or  <b>Muffin &amp; Graham Cracker</b>  <i>Includes Fresh Fruit                      Skim or 1% Milk Choice</i></p>	<p>30</p> <p>Your Choice of Breakfast Combo:  <b>Bagel &amp; Cream Cheese</b> or  <b>Yogurt &amp; Graham Cracker</b> or  <b>Breakfast Break Kit</b> or  <b>Muffin &amp; Graham Cracker</b>  <i>Includes 100% Fruit Juice                      Skim or 1% Milk Choice</i></p>	<p>1</p> <p>Your Choice of Breakfast Combo:  <b>Bagel &amp; Cream Cheese</b> or  <b>Yogurt &amp; Graham Cracker</b> or  <b>Cereal &amp; Graham Cracker</b> or  <b>Muffin &amp; Graham Cracker</b>  <i>Includes Fresh Fruit                      Skim or 1% Milk Choice</i></p>	<p>2</p> <p>Your Choice of Breakfast Combo:  <b>Bagel &amp; Cream Cheese</b> or  <b>Yogurt &amp; Graham Cracker</b> or  <b>Breakfast Break Kit</b> or  <b>Muffin &amp; Graham Cracker</b>  <i>Includes 100% Fruit Juice                      Skim or 1% Milk Choice</i></p>	<p>3</p> <p><b>Mini Cinnis</b>                      Cereal                      Fresh Fruit                      1% or Skim Milk Choices</p>



get out and play!! 



This institution is an equal opportunity provider.  
 \*Menu subject to change without notice\*



I  SCHOOL BREAKFAST

Breakfast is **free** for all students!

Vernon Public  
 Schools  
 Food & Nutrition  
 Services

Elizabeth Fisher, MS, RD  
 efisher@vernon-ct.gov  
 860-896-4682